

# Lebanon Recreation

## Player and Parent Code of Conduct

Players will not be permitted to play in a regular season game until this form has been returned to the league.

### PLAYERS:

- Fighting or excessive physical contact is strictly prohibited before, during, or after games.
- Swearing or abusive language** is not allowed at any time.
- Good sportsmanship should be displayed at all times.
- Respect your coaches and game officials at all times.
- Players must shake hands with the opposing team at the end of each game.
- Players must wear uniforms provided by Lebanon Recreation program for games.
- No jewelry can be worn in games or practices.

**\*\* ANY VIOLATION OF THESE RULES CAN LEAD TO TEMPORARY OR PERMANENT SUSPENSION FROM A TEAM BY THE LEBANON RECREATION COMMISSION**

### PARENTS: We expect each of you to set the proper example for all of our players by:

- Let the coaches, coach, parents are there to support and encourage your child.
- Making only positive, encouraging comments to players on both teams.
- Remembering that making mistakes are part of the learning process, do not criticize.
- Discussing any concerns away from the players and, in particular, away from your child.
- Respecting all officials.
- Focusing on fun and participation rather than winning and losing.
- Asking your child if he/she had fun, if not, find out why.
- Controlling your emotions.
- Learning the rules of your child's sport.
- Making every effort to get your child to practice on time.
- Reinforcing the coach's instructions when practicing with your child at home.
- Knowing that positive reinforcement is the key to improvement.
- Doing nothing to undermine team morale.
- Letting the coach know if your child will miss a practice or game.
- Participating in team activities.

Player's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

SPONSORED BY LEBANON RECREATION COMMISSION

For more information contact the Lebanon Recreation Department at (860) 642-4085  
or email us at [Stremblay@lebanonct.gov](mailto:Stremblay@lebanonct.gov)