Lebanon Recreation
Basketball Program Information

General Information:
- When there is bad weather please call the Lebanon Recreation office at 642-4085 for details
- When there is a school cancellation, there will be no practice held
- Both a parent and participating player must sign Player and Parent Code of Conduct Form

Coaches are needed for all teams. Please contact the Recreation Department. The number of coaches that volunteer will determine the number of teams. Coaches meeting on November 4th, 2019, 6:30 at the Lebanon Community Center

Kindergarten Grade Co-ed Program: Deadline for sign up is December 31, 2019
This program will be to help develop basic basketball skills, sportsmanship and provide wholesome exercise.
- Parent volunteers are needed to help supervise these activities.

When: Saturday January 4, 2020 – February 29, 2020
Fee: $50.00 T-shirt will be provided

Boys and Girls 1st & 2nd Grade Program: Deadline for sign up is December 31, 2019
This program will be to help develop basic basketball skills, sportsmanship and provide wholesome exercise.
- Baskets will be lowered to 8 1/2 feet and the athletes will use a youth size ball. This will give them confidence and help them succeed more rapidly and provide them with a more enjoyable basketball experience. Teams will meet on Saturday. Non-Competitive.
- Teams will be limited to 9 players per team.

When: Saturday January 4, 2020– February 29, 2020
Fee: $50.00 T-shirt will be provided

Boys and Girls 3rd 4th, 5th, 6th, 7th & 8th Grade Program: Deadline for sign up is November 3, 2019
The focus of this program will be to help develop advanced basketball skills, sportsmanship, and to provide wholesome exercise. We will travel to other towns.
- Practice sessions and games will be played using 10-foot baskets.
- Teams will be limited to 9 players per team.
- Teams will follow the Eastern Basketball League Rule.
- Teams will meet 2 times a week with games starting in December. A schedule of playing dates, times and locations will be made available in December.
- Teams will be created by coaches the first week of November. Times to be announced.

When: November 7th thru February 29th.
Fee: $110.00 Team Jersey will be provided.

** Players will be placed on an availability list after Nov 3, 2019, which will give us an opportunity to balance teams and finalize our numbers. Please be sure to register even if your child is going to try out for the 6th, 7th and 8th grade school teams. Those teams do not try out until late November and we will be ready for team games

SPONSORED BY LEBANON RECREATION COMMISSION
For more information contact the Lebanon Recreation Department at (860) 642-4085 or email us at Stremblay@lebanonct.gov.
2019 Lebanon Recreation Basketball League Registration
Grades K, 1st & 2nd.

The focus of this program will be to help develop basic basketball skills and sportsmanship and to provide wholesome exercise. Please read Basketball Program Information Sheet for times and program description.

Program Fee: $50.00  Deadline is 12/31/2019  You can now sign up online at: www.Lebanonrec.com

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In the event of an emergency requiring medical attention, after every reasonable effort has been made to contact me, I hereby grant permission and consent to physician or other hospital personnel to do whatever is deemed necessary to treat my child. The attending physician is given permission to proceed with any medical or minor surgical treatment, x-rays and immunizations for my child. I hereby agree to release, discharge and hold harmless the Town of Lebanon, its employees and volunteers for any liabilities, which may occur while participating in the sports program. I understand that participation in any sport activity involves risk of injury.

Signature of Parent/Guardian  Date:

Current medication, allergies and conditions:

Parental Support Positions: (Please make your choices)

[ ] Coach  [ ] Asst. Coach  [ ] Time Clock  [ ] Other

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<td>$</td>
<td>Cash</td>
<td>Make check payable to: Lebanon Recreation</td>
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WAYS TO REGISTER:
NEW THIS YEAR REGISTER ONLINE AT: www.Lebanonrec.com

- Mail to: Lebanon Recreation Dept. 579 Exeter Rd, Lebanon, CT 06249
- Print form from www.lebanonct.gov or request blank form by-mail at lebanonrec@lebanontownhall.org.
- Forms also available at both town schools and Town Hall walk-in the Jonathan Trumbull Library.
- No registration at school gymnasium clinics

It is one of the goals of Lebanon Rec that no child is left out because of financial need. We encourage you to contact the Rec office (642-4085) or stremblay@lebanonct.gov if a scholarship is necessary for your child to participate. Discretion is assured.

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For more information contact the Lebanon Recreation Department at (860) 642-4085
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2019 Lebanon Recreation Basketball League Registration
Grades 3rd, 4th, 5th, 6th & 7th

The focus of this program will be to help develop advanced basketball skills and sportsmanship and to provide wholesome exercise. Please read Basketball Program Information Sheet for times and program description.

Program Fee: $110.00  Deadline is 11/3/2019  $15.00 late fee for grades 3-8 and subject to a wait list availability.

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Current medication, allergies and conditions:

Coaches meeting 11/4  CC  Parental Support Positions: (Please make your choices)

- [ ] Coach
- [ ] Asst. Coach
- [ ] Time Clock
- [ ] Other

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Player and Parent Code of Conduct

Players will not be permitted to play in a regular season game until this form has been returned to the league.

PLAYERS:
☐ Fighting or excessive physical contact is strictly prohibited before, during, or after games.
☐ Swearing or abusive language is not allowed at any time.
☐ Good sportsmanship should be displayed at all times.
☐ Respect your coaches and game officials at all times.
☐ Players must shake hands with the opposing team at the end of each game.
☐ Players must wear uniforms provided by Lebanon Recreation program for games.
☐ No jewelry can be worn in games or practices.

**ANY VIOLATION OF THESE RULES CAN LEAD TO TEMPORARY OR PERMANENT SUSPENSION FROM A TEAM BY THE LEBANON RECREATION COMMISSION**

PARENTS: We expect each of you to set the proper example for all of our players by:

☐ Let the coaches, coach, parents are there to support and encourage your child.
☐ Making only positive, encouraging comments to players on both teams.
☐ Remembering that making mistakes are part of the learning process, do not criticize.
☐ Discussing any concerns away from the players and in particular away, from your child.
☐ Respecting all officials.
☐ Focusing on fun and participation rather than winning and losing.
☐ Asking your child if he/she had fun, if not, find out why.
☐ Controlling your emotions.
☐ Learning the rules of your child's sport.
☐ Making every effort to get your child to practice on time.
☐ Reinforcing the coach's instructions when practicing with your child at home.
☐ Knowing that positive reinforcement is the key to improvement.
☐ Doing nothing to undermine team morale.
☐ Letting the coach know if your child will miss a practice or game.
☐ Participating in team activities.


Player’s Signature: ___________________________ Date: ____________

Parent’s Signature: ___________________________ Date: ____________

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