

**SEASONAL LIFEGUARD JOB DESCRIPTION**  
**Town of Lebanon**

**General Description –**

The seasonal Lifeguard position is responsible for supervision of patrons, enforcing pool rules and regulations and maintains the health and safety of all patrons. The lifeguard reports to the Recreation Coordinator.

**Experience/Education Required –**

- Holds current American Red Cross (ARC) CPR for the Professional Rescuer Certification, ARC First Aid Certification, ARC Waterfront Lifeguarding
- ARC Water Safety Instructor Certification desired
- Volunteer or work experience with youth, adults and senior citizens

**Required Knowledge Skills and Abilities –**

- Must be able to perform strenuous water rescues, give CPR and first aid
- Ability to respond quickly to all emergency situations
- Ability to follow and give oral and written instructions
- Ability to work flexible hours
- Ability to observe and convey rules, regulations and laws to patrons in a professional manner
- Ability to identify unsafe patron behavior and respond accordingly
- Communicate with other lifeguards and supervisors the need for additional assistance or equipment
- Ability to understand and follow the chain of command and emergency procedures

**Essential Duties and Responsibilities –**

- Conduct safety checks on the pool and equipment
- Supervision of patrons in the pool area
- Ensure appropriate headcount of people in the water on an hourly basis
- Call out warnings to people who break the rules, or are in imminent danger
- Responding and providing the appropriate level of care during emergency situations
- Performing CPR and First Aid
- Oversee enforcement of town policies related to the pool area
- Attend in-service trainings as directed by the Recreation Coordinator
- Maintain cleanliness of municipal facilities
- Meet with the Recreation Coordinator as needed to discuss issues and problems
- Assumes additional duties as assigned

### **Physical and Mental Requirements/Work Environment –**

(Required for essential duties; reasonable accommodations will be considered under the Americans with Disabilities Act; this is not all-inclusive and may be supplemented as necessary).

Physical and mental demands outlined here are representative of those that must be met by employees to successfully perform the essential functions of the job described above.

- Ability to work in an outdoor environment that is subject to routine exposure to the sun, extreme heat or cold, working on uneven and or slippery surfaces and possibly being exposed to hazardous conditions/situation.
- Ability to swim, sit and/or stand for prolonged periods of time in an outdoor environment.
- Ability to see and read objects in close vision, distance vision, ability to distinguish basic colors and shades, depth perception, peripheral vision and ability to adjust focus.
- Ability to distinguish between public and confidential information and handle appropriately.
- Ability to lift and/or remove victims, equipment, and supplies weighing up to 150 pounds or more.
- Ability to climb, crouch, crawl, kneel and twist and handle or feel objects.
- Ability to utilize written and oral communication skills, interpret people and situations, read and interpret documents, work under constant interruptions, intensive pressure and deal with distressed or quarrelsome individuals.
- Ability to respond to emergencies under pressure and without hesitation.